

5th ANNUAL 5K WALK/RUN TO SUPPORT THE JD FOUNDATION



**Saturday
October 16, 2021**

**VIRTUAL
WALK**

SUICIDE PREVENTION AND ANTI-BULLYING

JOIN US

by walking in your own space!

**Do this walk virtually! Walk where you are!
Be sure to take a short video and send it to us at
thejdfoundation08@gmail.com and we will put it on our website!**

**\$20 Registration Fee (includes t-shirt)
Deadline to get your t-shirts is October 1, 2021**

**To register online:
[https://jdfoundation5k.redpodium.com/
walkrun-to-wake-the-silence-101621](https://jdfoundation5k.redpodium.com/walkrun-to-wake-the-silence-101621)**

PENQUIS
Helping Today • Building Tomorrow

The JD Foundation

the  **PRYMCA**

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